

Camp Tulahead's

Request for Additional Information
About Your Child's ADD/ADHD

Camper' Name: _____

Camp Date: _____

We want your child to receive appropriate care and support for his/her ADD/ADHD while attending our program. Please complete this in consultation with your physician and send it to camp with your son/daughter on the first day of camp. You may contact our camp office at 250-295-6233 if you have any questions or concerns. Please attach additional information as needed.

About Camp Tulahead's program...

1. Staff are given basic information about ADD/ADHD during staff training. Some staff will have previous experience dealing with ADD/ADHD and others will have no experience. We rely heavily on what the parents share with us on how to handle their child, as each individual is very different.
2. All staff are made aware of those campers with ADD/ADHD and will be informed of the information provided to camp through the parents.
3. It is our goal to provide the best possible experience for each camper. In some cases we may not be equipped to handle and provide for certain campers. In this case, the camper will be sent home early and no refund will be given.

ABOUT SYMPTOMS...

Please check the all the symptoms that pertain to your child.

- Often fails to pay close attention to details and has difficulty sustaining attention in tasks or play activities.
- Does not seem to listen when spoken to directly.
- Often has difficulty organizing tasks and activities.
- Often loses items necessary for tasks or activities.
- Is often forgetful in daily activities.
- Sometimes avoids, dislikes or is reluctant to engage in tasks that require sustained mental effort.
- Has difficulty waiting his/her turn.
- Is easily distracted by extraneous stimuli.
- Fidgets with hands or feet or squirms in a seat.
- Does not always follow through on instructions (not due to oppositional behaviour or failure to understand)
- Often has difficulty remaining seated when expected.
- Runs about or climbs excessively in situations in which it is inappropriate.
- Talks excessively.
- Often blurts out answers before questions have been completed.

Looking at the symptoms that you have checked off, please inform us of the method you would have camp staff use in dealing with your child at camp.

ABOUT MEDICATIONS...

Medications are supervised by the first aid attendant and kept in the First Aid Station. Medications are usually dispensed at mealtime and brought to the dining room so your child doesn't have to interrupt his/her activity to go get them. While we'd like to use mealtime as much as possible to give routine medications, we can arrange a different time if needed (e.g. mid-morning, mid-afternoon).

These medications are used daily to manage this child's ADD/ADHD

| Name of Medication | Dose Given | When | Reason for Using this Med |
|--------------------|------------|------|---------------------------|
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We understand that sometimes parents choose to take their child off of their medications for the summer. Please complete the following chart.

These ADD/ADHD medications have been stopped for the summer or a period of time.

| Name of Medication | Dose Given | Reason for Stopping Med. | Known changes in behaviour |
|--------------------|------------|--------------------------|----------------------------|
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ABOUT YOUR CHILD'S ROUTINE

The camp staff's desires are to comfortably integrate your child in with the other campers. In order to do this, we must know the different needs of your child.

Does your child require frequent time away from the group to calm themselves or re-focus? _____

Does your child benefit from visual rather than verbal instruction, or repeated instruction? _____

Does your child become verbally or physically aggressive when frustrated or upset? If yes, what measures do you take to deal with your child? _____

WHEN WE HAVE QUESTIONS, WHO SHOULD WE CONTACT?

Name: _____ Phone: _____

What else would you like us to know?

Name of Person Providing This Information: _____

Relationship to camper: _____

**Complete and send this form with your son/daughter on the first day of camp.
Questions? Please call 250-295-6233**